Thank you for flying with Japan Airlines. When taking an international flight, many people look forward to the in-flight meals. It is reported that the world’s first in-flight meal on a regular passenger aircraft consisted of sandwiches served on a British airline in 1919. In Japan, JAL commenced its first domestic flight operations in 1951, with sandwiches also served on that flight. These sandwiches were made at a hotel in Tokyo and delivered by bicycle to the Japan Airlines offices in Ginza, and from there the crew took a bus to Haneda Airport. In the more than 70 years since then, as well as providing delicious meals in a safe environment, JAL has served soba noodles and freshly cooked rice for its in-flight meals. We have also taken on the challenge of creating menus to be served in the restricted confines of an airplane, on-par with restaurant meals. This Japanese food culture which we incorporated into our flights has now spread to every corner of the world. But above all, the fact that we have been able to create menus, to be served in the restricted confines of an airplane, on-par with restaurant meals, is simply a credit to the passion and ingenuity to not make too much food, and to skillfully buy in and use up different ingredients.

While offering services tailored to the different travel styles of our passengers, the JAL Group will continue to eliminate waste wherever possible, allowing you to have a relaxing and enjoyable journey. I look forward to welcoming you on board with us again soon.

Reducing Waste

Efforts to Reduce Food Waste

Due to strict quarantine rules, leftover in-flight meals must be incinerated. So, to reduce waste, we now ask passengers who do not require meals to inform us in advance. By not loading these unwanted meals onto the airplane we have reduced about six tons of waste in the past six months alone. Based on past data, our so-called chefs in the sky are showing great imagination and ingenuity to not make too much food, and to skillfully buy in and use up different ingredients.

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Special Feature

HOKKAIDO

A Sauna Trip in the Vast North

English & Chinese Section

Spot the Difference

Destination Hotel

Flight Log

Tips for a Safe and Comfortable Flight

Route Maps

Information on In-flight Entertainment Guide

*Page numbering is reversed in the Japanese Section. Magazine information is subject to change.